

Twelve Things the Negro Must Do for Himself		Relevant Today? Y/N
1. Learn to put first things first - namely, education, development of character traits, a trade and home ownership.		
2. Stop expecting God and White folks to do for him or her what he or she can do for themselves.		
3. Keep themselves, children and home clean and make surroundings comfortable and attractive.		
4. Dress more appropriately for work, business, special occasions and leisure.		
5. Make religion an everyday practice and not just a Sunday-go-to-meeting.		
6. Highly resolve to wipe out mass ignorance.		
7. Stop charging their failures up to their "color" and to White people's attitude.		
8. Overcome bad job habits.		
9. Improve their conduct in public.		
10. Learn to operate business for people - not for Negro People only.		
11. The average so-called educated Negro will have to come down out of the air. He is too inflated over nothing.		
12. Stop forgetting his friends.		
Twelve Things White Folks Must Stop Doing		
1. Penalizing Negroes for not being White.		
2. Fighting integration in public education in the daytime and practicing social equality anytime they want to.		
3. Making social excursions into the Negro race, depositing White offsprings and then crying out against social equality.		
4. Teaching basic untruths about race.		
5. Trying to disprove the biblical and scientific fact that "God hath made of one blood all races of men."		
6. Misinterpreting the Bible. It did not say that God cursed Ham, but that "Noah cursed his son, Ham."		
7. Making unjust discriminatory laws, molding social sentiment against respect for human personality...to prove the Negro inferior.		
8. Putting all kinds of barriers in the way of progress of the Negro race and then declaring that America's high purpose is to build "One nation indivisible, with liberty and justice for all."		
9. Using Negroes as political mudsills and stepping stones to get Whites in power, politically, then deny them full citizenship rights, responsibilities, rewards and privileges.		
10. Making laws to protect the legal and civil rights of all citizens, only to deny Negroes their legal rights, persecute and lynch them.		
11. Teaching race prejudice to children in order to perpetuate contempt for people who are not White and thus make segregation a permanent institution in a democracy.		
12. Calling the land "Christian" and the government thereof a democracy, while brother and sisterhood and fellowship are not practiced in many American Churches.		

A BALANCED NANNIE HELEN BURROUGHS IN 1928 TAKES US OUT OF OUR COMFORT-ZONE TODAY.